

DAILY READINGS

23rd – 28th March 2026

EPHESIANS

One Lord One Faith One Baptism

One Spirit One Body

One God and Father

EXPLORE FAITH – ESTABLISH RHYTHMS

READ: Ephesians 4:17-24

'With the Lord's authority, I say this....'

Paul is very serious about how we are to live as believers in Christ.

He doesn't beat around the bush!

Let's face it, you probably wouldn't be reading this if you were not serious about your faith.

However, we are all still 100% human, facing the same temptations as every other human being, and sadly,

we are often led by what feels good

rather than what we know is right.

- *HOW DOES THAT HIT A CHORD WITH YOU?*

Christ gave His everything for us...so that we could live an abundant life.

Not a mediocre, half-hearted polluted life, but a life FULLY committed to *growing in every way more and more like Christ.*

In other words, **TRANSFORMED LIVING.**

TRANSFORMATION begins when we meet Jesus, *but it does not stop there.*

Romans 12.3 *...don't copy the behaviour and customs of this world*

but let God transform you *into a new person by the renewing of your mind.*

- In which areas does your life need transformation? Be honest with yourself.
- Are you still battling anger, lust, addiction, gossip, jealousy or unforgiveness?
- The devil wants you to stay in bondage to your old un-Christlike habits.

But why give him centre stage? It's time to take a stand.

Get tough on yourself if you need to... **ENOUGH IS ENOUGH!**

Ask the Holy Spirit to renew your mind –He will!

Remind yourself often - Jesus is Lord of my life.

Prayer: *Loving Father, It's not easy being Your ambassador, but You have promised me new life, so captivate my heart and my will, today, so that others will see the impact You make on my everyday life. Amen.*

READ: Ephesians 4:25-32

Can you imagine? The Holy Spirit grieves over our sin.

HAVE YOU EVER SENSED THAT?

You have that distinct feeling that all is not well between you and God.

And we usually know what the issue is!

The question is, *are we willing to deal with it?* To take seriously the Spirit's grief?

THE HOLY SPIRIT BRINGS JESUS TO LIFE IN US, AND THROUGH US.

And He grieves when we shut him down.

- *HOW VISIBLE IS JESUS THROUGH YOU?*
- *When do you sense you are shutting down the Holy Spirit?*

Our words are powerful evidence of the Spirit's influence in our lives.

Let your words become beautiful gifts that encourage others;

do this by speaking words of grace to help them.

(v. 29 The Passion Translation)

- Do I make the effort to speak kindly to others, consistently?
- Do I speak graciously in my own home?

King David knew the profound love of God in his heart, and when he was caught out for committing adultery and murder, he understood the grief of his Heavenly Father And he repented.

"Against You, and You alone have I sinned.."

"Wash me, and I will be whiter than snow."

"Create in me a clean heart, O God, and renew a right spirit within me." (Ps.51)

THAT IS WHAT JESUS HAS DONE! Hallelujah!

Because of Christ's atoning death on the cross.....

'God has removed our sins as far from us, as the east is from the west.' (Ps. 103.12)

- ***DO YOU TRULY BELIEVE THAT?***

Prayer: *Thank you Lord for your amazing grace and forgiveness. I am so blessed.*

Fill me with Your joy Holy Spirit, to pass on the blessings. Amen.

READING: Ephesians 5:1-7 Wednesday 25th March 2026

HOW DO WE GROW DAILY?

LIVING OUT JESUS' LOVE

Paul is once again addressing the church on Christian living.

Surely, we don't need to hear this message again?

After all, many of us have been Jesus' disciples for a long time.

SO, LET'S KEEP IT SIMPLE..

1. **Let Christ rule your tongue.** A friend of mine often said..
"Never say anything about someone, that you wouldn't say to them."
Now, that's serious surrender!
My Mother taught us— "Don't say it, unless it is true, kind and necessary."

2. **Let's be Body builders for Jesus!**

- How do you redirect a conversation when a friend wants to gossip or speak badly of another?
- What are some of the ways you seek to build others up in their faith with your words?

3. **Let Christ Be Your Moral Compass**

Say NO to any form of sexual sin - pornography is unfortunately present in the church. *Get help if you need it, but shut it out of your life.*

Whatever we feed our minds on, becomes foundational to our thought life.

- How do you build a strong foundation for your thought life?
- What is your biggest challenge to maintaining purity in your life?

King David: *how can a young man keep his way pure? By guarding it according to Your Word. (Psalm 119.9)*

PRAYER: Holy Spirit, do what only you can do in my heart and life, that I may continue to walk in the blessings of your perfect will. **Amen.**

READING: Eph. 5: 8-14 Thursday 26th March 2026

HOW DO WE GROW DAILY?

Carefully determine what pleases the Lord. (v.10)

Amazing Grace, how sweet the sound, that saved a wretch like me.

I once was lost, but now I'm found, was blind but now I see.

Hallelujah!

As a little child, I did everything I could to please my Mother. Why?

Because of our loving relationship. When Mum was pleased with me, I was happy.

- What makes you *want* to please the Lord?
Is it love for Him, gratitude, *or fear of His displeasure*?
- What factors will contribute to you, living this God-pleasing life?

Rom. 3.23 *We have all sinned and fall short of God's glory.*

How does our Holy God view sin? How do you understand sin?

- What is it in the Easter story that gives you hope?

The wages of sin is death, but the free gift of God is eternal life through Jesus Christ our Lord. (Rom. 6.23)

Without faith it is impossible to please God. (Heb. 11.1)

People are counted as righteous, not because of their work, but because of their faith in God who forgives sinners. (Rom. 4.5)

***OH WHAT JOY for thosewhose disobedience is forgiven,
whose sins are put out of sight. Yes, what joy for those
whose record the Lord has cleared of sin. (Rom. 4:5-8)***

- **Does this bring you joy? IS IT REAL FOR YOU?**

PRAYER: Thank you Lord, for your amazing grace. **Amen.**

READING: Ephesians 5: 15-21 Friday 27th March 2026

SEIZE THE MOMENT

Make the most of every opportunity in these evil days. (v. 16 NLT)

Take full advantage of every day, as you spend your life for His purposes. (Passion Bible, v 16))

- Why is it important to make the most of every opportunity when it comes to serving God?
- Who seized the moment for your salvation to occur?

“I know the plans I have for you, says the Lord, plans for good and not for evil, to give you a future and a hope.” (Jer. 29.11)

Psalm 139.16,17 *You saw me before I was born,*

Every day of my life was recorded in your book.....

How precious are your thoughts about me O God, they cannot be numbered.

- How does this make you feel concerning your future?
- What changes could you make to maximise every day of your life for God’s purposes to be realised through you?
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Eph. 4:18 ***BE FILLED WITH THE HOLY SPIRIT, singing psalms and hymns and spiritual songs in your hearts to the Lord.***

THE HOLY SPIRIT IS THE GAME CHANGER FOR YOUR LIFE AS A BELIEVER.

He empowers you to live as Jesus lived. To live your potential and accomplish God’s plan for your life.

PRAYER: Holy Spirit, *I need you....* fill me to overflowing with Your presence, your gifts and your power. Take control of my moments and days... because apart from You I can do nothing. **Amen.**

READING: Galatians 5: 13-26 Saturday 28th March 2026

LIFE IN THE SPIRIT

The Gentile Christians in Galatia was under attack by religious Jews who wanted them to be circumcised and follow Jewish Law. Paul was insistent that they have the freedom to live without being bound by the Laws of Moses. Paul stated that they had been called to live in freedom.

- What did this mean for their everyday life?
- What quality defined this new life of freedom in Christ?

Read carefully, Paul’s list of living without the Spirit’s influence. (v. 19-21).

- Can you personally identify with any of these?
- What are the consequences?

READ: 1 Jn 1.7-9

- How are we cleansed from sin?

The Spirit filled life is SO DIFFERENT !

- How would you describe your personal relationship with the Holy Spirit?
- Which of the fruit of the Spirit are the most challenging for you?
- WHAT IS THE KEY TO GROWING PROGRESSIVELY CHRIST-LIKE?
(v. 24,25)

PRAYER: Holy Spirit, it is only by Your power that I can progress in my life of faith. Help me to cultivate Your presence, so that the qualities of Jesus shine through me.

Amen.